

SSYMA

24 Food Fast Service Retreat

Who

8th grade & High School Teens

When

March 3-4th, 2012

Where

Contact your parish Youth Ministry Office

Why

TO CHANGE YOUR WORLD

**Join Teens Just Like You
for a 24 Hour Food Fast Overnight
Service Retreat**

- ◆ **Fast for 24 Hours to raise awareness for the hungry** - We do not often consider or pause to think that our own communities are wealthy, abundant, or plentiful even despite these harsh economic times. We, especially the youth do not want for food each night; your days are full with music lessons, social outings, malls, sports tournaments & games, and more. With our hectic & busy lives no time is ever a good time to take time out to do something about an issue that seems so distant from our own experience and us personally. This is a time for you to take step away to do good, make a difference, **CHANGE YOUR WORLD!**

Focusing on global poverty and hunger, This Food Fast Retreat offers a journey of hope and understanding of those who do not share the quality of life that any one of us could easily take for granted in the day to day. It might be hard to comprehend but teens will be fasting for 24 hours. Food and an opportunity to eat are available to the teens with no questions asked as needed. Teens will know where it is and where to get it. Fasting is safe when it is done in a limited and controlled environment which this opportunity provides teens.

- ◆ **Go to service sites, use the hours towards school service hours** - Not only is fasting an act of service and charity for those in need, but teens will select a service site to go serve part of the day.

DID YOU KNOW....

- *More than one billion people, or over one sixth of the whole planet's population, are suffering from hunger. This number is greater than the populations of the U.S, Canada & the European Union combined*
- *Malnutrition & diseases related to hunger cause about 6 in 10 childhood deaths in developing countries, or approx. 5 million per year*

- ◆ **Get Pledges To Feed The Poor.** See attached permission slip and pledge form.
- ◆ **Spend time overnight hanging out with peers, playing Xbox, games, watching movies & more.**

CSYMA

Service Retreat

PLEDGE FORM

Then he sat down, called the Twelve, and said to them, "If anyone wishes to be first, he shall be the last of all and the servant of all."

MARK 9:35

- Each participant is asked to try to raise at least \$25.00 in pledges
- Sponsors make their check out to Catholic Relief Services or to your home parish
- Permission Slip & Pledges are due to your parish no later than February 20, 2012

YOUR NAME: _____

YOUR PARISH: _____

Sponsors Name	Phone Number	Pledge Amount	Collected Amount
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
TOTAL COLLECTED			

PLEASE BRING ONE GALLON OF JUICE ON THE DAY OF THE EVENT